



PENNSYLVANIA WOMEN WORK

Fall News Flash

In the news...



Our very own Taneshya Williams, 3 Cups of Coffee Program Manager, was featured in NEXTpittsburgh's Next Up section!

Learn all about her and her dedication to empowering women here.

Thought Leadership Blog Series



Introducing 3 Cups of Coffee GRAD at CCAC

If you build your network, jobs will come.

A stronger network leads to a stronger chance of finding employment. Unfortunately, there are many in our community

who lack the social connections needed to open doors to success.

This is especially true for individuals who are living in lowincome communities and who are working to earn their education at community college. Many are first time college students, working (sometimes multiple jobs) to put themselves through school. They know to build a better life, they need a degree. But, as we know, a degree doesn't always automatically lead to a better job.

This fall, we partnered with CCAC Allegheny Campus to launch <u>3 Cups of Coffee Grad</u> – an extension of our proven 3 Cups of Coffee® program. By bringing our proven programs and resources to CCAC, this new effort will help students as they prepare for graduation and alumni by opening doors to better paying jobs, professional development trainings and networking opportunities. Participants will be connected to one of our more than 200 3 Cups of Coffee mentors to help them meet the right people in order to achieve success.

This program is made possible thanks to the Buhl Foundation and the Elsie H. Hillman Foundation. Check out our most recent thought leader blog from Courtney Moran, Control Specialist, BNY Mellon.

She shared her <u>top five</u> <u>steps to building a budget-</u> <u>friendly work wardrobe</u> – tips we can all benefit from!

If you're interested in becoming an author, contact Abby Swalga at <u>aswalga@pawomenwork.org</u> or 412-904-4675.

Upcoming classes

New Choices

Greene County

PA CareerLink - Greene County 200 Greene Plaza Waynesburg, PA 15370 Tuesdays and Thursdays Oct. 29 - Dec. 3 9 a.m. - 12 p.m.

Washington County

PA CareerLink - Washington County 90 W Chestnut St Washington, PA 15301 Tuesdays and Thursdays Oct. 29 - Dec. 3 1 - 4 p.m.

For more information, call us at 412-742-4362. <u>Click here</u> for more details on upcoming classes.

Be part of the impact.

Gearing up for the 19th annual Circle of Hope



This year's <u>Circle of Hope</u> is just around the corner, and we are so excited to see you all for this celebration of diversity, empowerment and employment.

New to this year's event, we will unveil four videos highlighting the incredible stories of resilience from our Women of Courage. We are honored to recognize Allegheny Health Network with the Circle of Hope Award; PNC Financial Services Group, Inc.'s Corporate Diversity Council with the Diversity and Inclusion Award; and Tami Minnier, Chief Quality Officer, UPMC, with the Honorary Woman of Courage Award.

Your chance to win!

Back by popular demand is our <u>Elite Raffle</u> with a new prize – a one-in-one-hundred chance to win a trip of your choice to New Orleans, Cancun or Las Vegas. Our <u>'Heaven in a Handbag</u>' raffle is also back with a Louis Vuitton Neverfull tote as this year's prize. Don't miss out on all of the exciting deals, items and experiences featured in this year's silent auction (launching soon)!

This year's event will take place Oct. 22, from 5:30-8:30 p.m. at the Fairmont Downtown. See below on the many ways you can get involved!

Buy your ticket or table.

Purchase your <u>Elite</u> or <u>Heaven in a Handbag</u> raffle tickets.

Participate in this year's silent auction.

Give to PA Women Work.

Learning how to better support female veterans

Female veterans often face unique challenges and barriers when adjusting to



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civilian life. According to the Institute for Veterans and Military Families, 67 percent of female veterans characterized their financial transition into civilian life as

difficult or very difficult. Female veterans have a higher rate of unemployment than male veterans.

Many of us can agree that obtaining a job often comes down to building your network. For a female veteran returning from service, they likely lack the social capital and connections to get back into the workforce.

Become a mentor for a female vet

We are teaming up with four veteran partner organizations to better understand the unique challenges female veterans face and how mentorship can help. We are hosting a **3 Cups of Coffee Lunch + Learn**, with support from FedEx Ground and Alcoa, on October 18 from 12 - 1:30 p.m. at the U.S. Steel Tower, where participants will learn strategies to support female veterans on their paths to success.

Interested in attending? Register here today.

Thank you PUMP!



This summer, we were honored to be one of the PUMP (Pittsburgh Urban Magnet Project) <u>Kickball</u> for a Cause beneficiaries. Thanks to many of you who voted for us earlier in

the year, we had the opportunity to attend the event and network with the more than 600 people in attendance. We shared information about our programs, and a portion of the event's proceeds went toward our mission to transform lives through empowerment, employment and economic independence.

Thank you, PUMP, for this opportunity! And thank you to all of our volunteers who came out and showed their support.

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