



# SPRING NEWS FLASH

*Pennsylvania Women Work*

## Thought Leadership Blog



Are you feeling stressed or overwhelmed? These are not uncommon feelings to have in today's world. Angela Angiolieri, counselor, discusses how you can incorporate mindfulness practices into your daily lives on our thought leadership blog.

[Read the blog here!](#)

## Advocacy Update



As we look toward recovery, job seekers in Pennsylvania will need the critical services provided

## PA Women Work's CEO Announces Retirement



After nearly a decade at the helm of PA Women Work, Julie Marx-Lally has announced her retirement. Julie joined the organization in the spring of 2012. During her tenure she has grown the organization through the development of innovative programming that supported a variety of client populations, built funding partnerships that

tripled the organizational budget, and expanded the staff and overall operations that led to growth and stability.

"Julie has helped advance the mission of our organization and created programs that have helped thousands of individuals across the state achieve stability and success," said Leslye Herrmann, PA Women Work's Board Chair. "She is leaving the organization in a strong financial position and has created a solid foundation where we can continue to grow and prosper. We are thankful for her dedication, compassion and leadership."

### ***Some of her key achievements include:***

- The creation and expansion of 3 Cups of Coffee®, a short-term mentorship program which has led to the growth of volunteers, corporate partners and replication of the program at JEVS in Philadelphia. Additionally, Julie created 3 Cups of Coffee GRAD to serve the community college population.

through New Choices. We need your help to ensure that the New Choices/New Options line item remains in the Governor's budget.

If you are interested in reaching out to your local state legislators and sharing why the New Choices program is resource that vital to the economy's recovery, contact Abby Swalga at [aswalga@pawomenwork.org](mailto:aswalga@pawomenwork.org).

### #WinItWednesday Raffle is back!



This year's #WinItWednesday raffle is back and better than ever! This year's prizes include...

- \$1,000 Orr's Jewelers shopping spree
- Two-night stay in Deep Creek, Maryland
- \$150 Gift Card tree

Raffle tickets are 1 for \$10 or 3 for \$25! The first winner selected has their choice of prize. Winners will be selected Wed., May 26.

**BUY RAFFLE  
TICKETS**

### Upcoming classes

- The creation of GROW (Generations Realizing Occupational Wellness), a two-generation approach to career services that incorporates trauma-informed methods and focuses on low-income single parents and justice-involved populations.
- The creation of RISE (Refugee and Immigrant Services for Employment) that helps foreign born individuals translate their careers to the American workplace.
- The creation of Customer Service First-Class to provide our clients with a resume building credential in a high demand career ladder occupation.
- The growth and expansion of New Choices, our flagship career development program across the state, expanding reach and site locations.
- Recognized as Pittsburgh Business Times' Businesswoman of the Year and led the organization to receive a Fabric of the Community Award and a Great Nonprofits badge for nearly a decade.
- During her time at the organization, over 13,000 clients were served via programs and support.

[Join us](#) as we honor Julie's accomplishments with some photos that highlight the work and impact she has made.

## 3 Cups of Coffee GRAD Expanding to Westmoreland County



Since 2019, our 3 Cups of Coffee GRAD program has been supporting upcoming Community College of Allegheny College

(CCAC) graduates and recent alumni connect with a mentor to help open doors to employment opportunities. Many students who have taken part in the program have said that the advice and support they received from their mentors helped lead to a brighter future.

The outcome at CCAC has been so positive that we are expanding 3 Cups of Coffee GRAD to Westmoreland County.

"We are thrilled to be partnering with Westmoreland County Community College (WCCC)," shared Mary Saula, Pennsylvania Women Work's new mentorship specialist. "This is an exciting opportunity to build relationships with organizations in the area and help students gain the confidence and connections necessary to find meaningful employment."



### New Choices

- April 5-9, 9:30 - 11:30 a.m., 1 - 3 p.m.
- April 19-23, 9:30 - 11:30 a.m., 1 - 3 p.m., 6 - 8 p.m.

### Customer Service First-Class

- April 26-30, 9 a.m. - 12 p.m.

[Register now.](#)

### Make a gift.



Each job-seeker that enters our virtual classrooms has their own unique battle, but they all share one common goal - to overcome this pandemic and find financial stability once again.

[Give today](#) to help more women get the support they need to achieve their goals.

**GIVE NOW**

### Current volunteer opportunities

PA Women Work is currently recruiting mentors from organizations located near WCCC, including partners United Way of Southwestern Pennsylvania and First Energy.

If you live in Westmoreland County and you are interested in becoming a 3 Cups of Coffee mentor, please reach out to Mary Saula at [msaula@pawomenwork.org](mailto:msaula@pawomenwork.org). The impact you may have on someone searching for a job could be lifechanging.

*3 Cups of Coffee GRAD is made possible thanks to the Arconic Foundation, Buhl Foundation, the Elsie H. Hillman Foundation, FedEx Ground, FirstEnergy Foundation, Jack Buncher Foundation, Snee-Reinhardt Charitable Trust, the Next Generation Fund of the Roy A. Hunt Foundation and The Pittsburgh Foundation.*

## Volunteer Spotlight: Lindsay McIntosh-Yeomans



After volunteering for our annual Circle of Hope Awards Dinner in 2011, Lindsay was eager to jump in head-first and get more involved with the organization.

"Listening to the clients speak about their stories and

how PA Women Work helped them through their career transition, I knew I had to do more and wanted to be involved," Lindsay remembered.

Since then, Lindsay has volunteered on multiple event committees; fundraises through the Highmark Walk every year; contributes to the Silent Auction; assisted with our virtual event, Hope for a Brighter Tomorrow; and helped with our advocacy efforts. "My second year involved, I traveled to Harrisburg for 'advocacy day' to speak to our legislators about New Choices. I got to spend the day with clients of PA Women Work and learn and listen to their stories," Lindsay shared that this was one of her favorite memories as a volunteer.

Additionally, Lindsay is an active member of our Corporate Advisory Committee. In her role at BNY Mellon as Lead Manager, Payroll Tax and Accounting, she actively encourage her colleagues to support PA Women Work in various ways throughout the year.

Thank you to Lindsay for your continued support of our organization! We are so lucky to have you on our team. If you'd like to join Lindsay as a volunteer, [sign up](#) for one of our current virtual volunteer opportunities today.



Looking to make a difference? We have a variety of VIRTUAL volunteer opportunities where you can give back from the comfort and safety of your own home. [Sign up today.](#)

- Advocacy
- Mock Interviews
- Mentor
- Present to our clients
- Fundraising
- Join an event committee

### Help us earn our 2021 Great Nonprofits Badge!



In under 3 minutes, you can help PA Women Work earn this special achievement. Whether you're a current or former client, volunteer, or friend of the organization, simply leave a short review on [GreatNonprofits.org](https://www.GreatNonprofits.org). Thank you for your help! [Post your review now.](#)

### Do you need legal help?

PA Women Work is partnering with LegalShield to provide FREE legal services to our clients. For additional information, please contact Dianne Mettrick at [dmettrick@pawomenwork.org](mailto:dmettrick@pawomenwork.org) or 412-904-3630.

## Join us for this year's VIRTUAL Highmark Walk!



As the weather takes a turn for the better, we're all out taking a few more walks these days. Why not take one of those walks in support of Pennsylvania

Women Work by joining this year's virtual Highmark Walk for a Healthy Community?

When you sign up, you can take your stroll whenever it is convenient for you – or you can simply make a donation. This is an easy opportunity to help women and families who continue to struggle due to the impacts of the pandemic. All proceeds go directly to our clients and will help more women rebuild their lives and get back to work.

As we look toward brighter days this spring, you can make a real difference by taking part in this year's Highmark Walk.

There are many ways to participate:

1. [Start your own team](#) and encourage friends and family to get involved with you!
2. [Join someone else's team.](#)
3. [Donate](#) directly to PA Women Work.
4. [Share information](#) about PA Women Work and our involvement in the Walk!

For more information, please email Abby Swalga at [aswalga@pawomenwork.org](mailto:aswalga@pawomenwork.org).

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